

Gosport Agencies

Support for the Christmas period

Food

Agency	Contact information	Services provided	Opening times	Open over Christmas
Crisis food Gosport	Contactable via Facebook page	Can provide food hampers. No referral from agency needed.	Hamper deliveries on Thursdays.	NO
Gosport and Fareham Basics Bank	Gosport – 07826305900 Fareham - 07708305795	Can provide food hamper. Referral from agency needed.	Open 7 days a week.	YES
Jacobs Well Care Centre	Jacobs Well, Toronto Place, Gosport, Hampshire, PO12 4UZ 02392 583050 enquiries@jacobsowellcarecentre.co.uk	Can provide food hampers. No referral from agency needed.	Monday - Friday 0900 - 1700 Saturday 0900 - 1600	NO
Salvation Army	The Crossways Gosport PO12 4RH 02392 524349 gosport@salvationarmy.org.uk	Can provide food (non-perishables only) hampers. No referral from agency needed.	Varying times.	YES
Acts of Kindness	07847618539	Can provide food hampers. Referral from agency needed.		

Clothing

Agency	Contact information	Services provided	Opening times	Open over Christmas
Family fund	01904 550055 www.familyfund.org.uk	Can apply for grants for clothing, technology, games, equipment and more if you child has a disability and you are their main carer.	Monday - Friday 0900-1600	NO
Jacobs well's care centre	Jacobs Well, Toronto Place, Gosport, Hampshire, PO12 4UZ 02392 583050 enquiries@jacobswellcarecentre.co.uk	Can supply school uniform	Monday – Friday 0900-1700 Saturday 0900-1600	NO

Pets

Agency	Contact information	Services provided	Opening times	Open over Christmas
PDSA	PDSA pet hospital 5 Durley Avenue, Cowplain, Portsmouth, PO8 8XF 02392 263152	Can provide free/ low cost emergency treatment if you are in receipt of eligible benefits.	Monday - Saturday 0900-1700	YES

Housing & Financial

Agency	Contact information	Services provided	Opening times	Open over Christmas
Citizens advice	Ground floor, Martin Snape House, 96 Pavilion Way, St George Barracks, Gosport PO12 1GE. 0300 330 9031	Confidential impartial advice for money management and housing.	Monday - Friday 0900-1700 for advice line. Monday – Friday 0900-1500 for drop in with Wednesday hours being 1700-1900	NO
Job Centre plus	Walpole Road, Gosport PO12 1RR 0345 604 3719	Support surrounding employment, benefits and	Monday - Friday: 0900-1700	NO
Universal Credit Guidance	www.understandinguniversalcredit.gov.org	Information on benefits and employment	24/7	YES
Universal credit	0800 328 5644	Universal credit	Monday-Friday 0800-1800	NO
Gosport Borough Council	Town Hall, High Street, Gosport PO12 1EB 023 9258 4242 enquiries@gosport.gov.uk	Can help with a variety of queries and signpost onto services.	Monday-Friday 0900-1700	NO
Fareham Borough Council	Civic Offices Civic Way, Fareham PO16 7AZ 01329 236100 customerservicecentre@fareham.gov.uk	Can help with a variety of queries and signpost onto services.	Monday-Friday 0900-1700	NO

Health, wellbeing, learning disabilities and mental health

Agency	Contact information	Services provided	Opening times	Open over Christmas
NHS non-emergency line	111	Advice and signposting	24/7	YES
Samaritans	116 123 jo@samaritans.org	Provide support for those contemplating suicide, people in mental health crisis and those who need support	24/7	YES
Upturn	Upturn 126 West Street Fareham PO16 0EP 01329 281445	Mental health support and advice for young people, parents and carers	Monday: 0900-1600 Tuesday: 1100-2000 Wednesday: 1100-1600 Thursday: 0900-1600	NO
MIND crisis line	0300 303 1590 cypcrisisline@easthantsmind.org	Support for young people aged 11-17 experiencing mental health crisis.	Monday, Tuesday, Wednesday, Thursday: 1530-2030	
Y services	07585115022 info@yservices.co.uk	Outreach and youth work services including groups to support LGBTQ youths, wellbeing drop ins and football groups.	Varying times	NO
Childline	0800 1111 www.childline.org.uk	Private service where children and young people aged 19 and under can speak about anything.	Monday – Sunday: 0700-0330	
Day Lewis pharmacy	Mumby road, Gosport, PO12 1AE	Late opening pharmacy. Can offer support and medical advice for minor ailments	Monday – Saturday: 0800-2300 Sunday: 0900 – 1900	YES

	023 9252 0285			
MIND Information Line	0300 123 3393 Text: 86463 info@mind.org.uk solentmind.org.uk	Provide information on mental health problems, signposting, medications, alternate treatments and advocacy	Monday – Friday 0900-1800	NO
The Moving on Project	Xperience Youth Centre, Trinity Street, Fareham, PO16 7SJ 01329 822 331 07789802300 info@the-mop.org	Provides counselling service for young people aged 11-25.	Monday – Thursday 0900-1500	NO
Autism Hampshire	1648 Parkway, Solent Business Park, Whiteley, Fareham, Hampshire, PO15 7AH 02380 766162 information.advice@autismhampshire.org.uk autisumhampshire.org.uk	Provide support and advice to young people with Autism and their parents/ carers.	Monday – Friday 0900-1730	NO
Motiv8 South Ltd	Unit 29 Toronto Place, Gosport, Hampshire, po12 4uz	Provide support and group work for young people aged 9-19	Monday – Friday 0900-1700	NO

Marvels & meltdowns	02392 603625 07817 795250 info@marvelsandmeltdowns.org.uk	Provide support to children with ASD, SPD or ADHD and their parents.	Monday - Friday: 0900-1430	NO
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Substance misuse & addiction

Agency	Contact information	Services provided	Opening times	Open over Christmas
Inclusion	The Precinct South Street Gosport PO16 1AH 0300 124 0103 g.inclusion@nhs.net www.inclusionhants.org	Support and treatment for anyone impacted by their own or someone else's drug and/ or alcohol use.	Monday: 0900 -1700 Tuesday: 0900-2000 Wednesday: 0900-1700 Thursday: 0900-2000 Friday: 0900-1700 Saturday: 1300-1600	NO
Catch 22	Avalon Centre, Fareham Health Centre, Civic Way, PO16 7ER 0800 599 9591 24hants@catch-22.org.uk	Provide support and treatment for young people under the age of 25 who are involved with substance misuse.	24/7	YES

Other

Agency	Contact information	Services provided	Opening times	Open over xmas
Salvation Army	The Crossways Gosport PO12 4RH 02392 524349 gosport@salvationarmy.org .uk	Can provide Christmas presents.	Monday – Friday: 0900 - 1700	YES
Crisis Food Gosport	Contactable via facebook page	Can provide Christmas presents.	24/7	NO