

## Disclaimer

By using this booklet, you accept this disclaimer in full. This booklet contains information about summer holiday activities. Information is not advice and should not be treated as such.

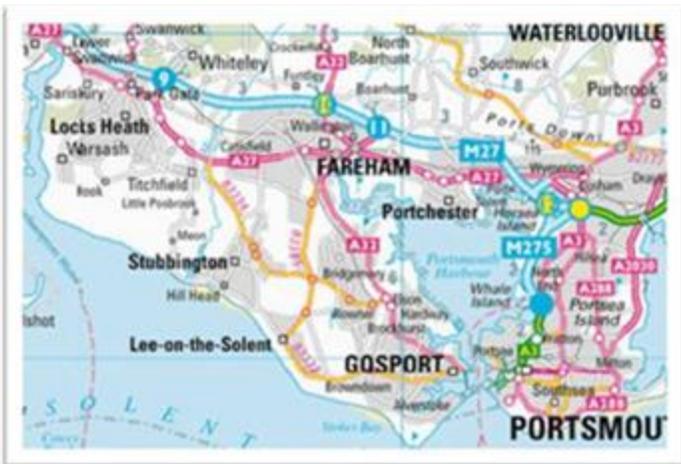
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- Primary Behaviour Service assumes no responsibility for the contents of the linked websites.

Compiled by the Primary Behaviour Service. Activities available at the time of writing (June 2021).

This list is not exhaustive. Other activities are available.

## Areas covered



# Summer Holiday Ideas & Activities 2021

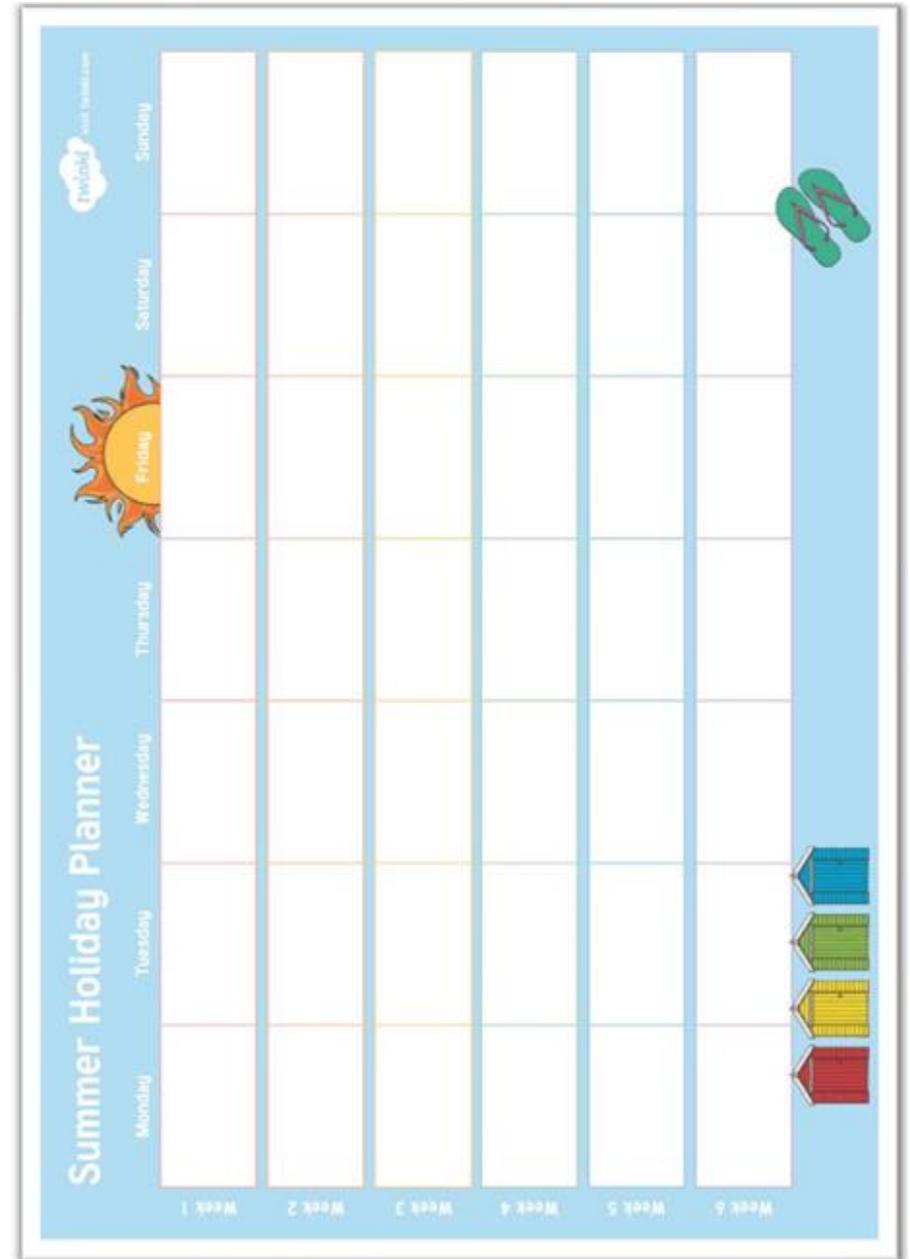


**FAREHAM & GOSPORT**

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# Holiday Planner



# Top Tips

## The nice and nice

Your child is reluctant to start a task. *‘Are you going to tidy up your toys now or after dinner?’ ‘Are you going to do your homework with a pencil or a pen?’*

## The nice and nasty

Using a matter-of-fact calm voice... *‘Either it’s finished/ tidied now, or after dinner.’ ‘Your toys need to go away now or during TV time.’*

## Thanks not please

Really important this one! Say please too often and you may sound like you are pleading. Instead try, *‘name... instruction...thanks’*

## Never say ‘no’

Sometimes we have to say ‘no’, but for other times try the phrase *‘when...then’*. *‘Can I have the TV on?’ ‘Yes, when you have done... then...’*

## Notice and praise

Be constantly on the lookout for the good, rather than the bad. Name and praise behaviour. *‘I’ve noticed how nicely you are sharing.’ ‘It’s really lovely to see you being nice to...’*

# Things to do in Fareham

## Blackbrook Play Park Area



Play park area with all the usual fun classics represented like slides, climbing equipment, swings and more. For older children there is also a ball court with basketball hoop, a half pipe skate ramp and ‘young persons’ meeting area’.

**Address:** Blackbrook Road, Fareham, PO5 5DQ, 01329 236100

**Free Admission**

## Fort Nelson



Although a cliché, the phrase “must see” truly applies to Fort Nelsons astonishing collection of different artillery and guns from different time periods. Over 700 items of artillery from many countries and spanning 600 years are brought to life whilst sensitively telling the unique stories behind them.

**Address:** Royal Armouries Museum, Portsdown Hill Road, Fareham, PO17 6AN

01329 233734

**Free Admission, parking fees may apply**

# Fareham continued...

## Holly Hill Woodland Park

This lovely location provides plenty of space for leisurely walks all year and picnics, with ample car parking and easy access for persons with disabilities.

Situated on the banks of the River Hamble, there are picturesque views across the river valley. As you explore the park the scene alters from amazing Victorian landscaped gardens with lakes, islands, waterfalls, many exotic trees and flowers to an area of hazel and alder coppice with large oak trees teeming with wildlife.

**Free Admission, parking fees may apply**

**Address:** Barnes Lane, Sarisbury Green, SO31 7BH

## Cineworld Whiteley & Reel Cinema Fareham

Share the magic of the big screen with your whole family, no matter the weather.

**Admission fees apply**

**Address:** Whiteley Shopping Centre, Whiteley Way, Whiteley, Fareham, PO15 7PD, 0330 333 4444

3 Vannes Parade, Fareham PO16 0BX, 01329 821890

## The Forest of Bere

This mixture of woodland, open space, heathland and farmland offers up a chance to enjoy, and get lost, in nature. Whether you walk or cycle the extensive network of paths there is so much to discover with streams, ponds and many different habitats. Den building is a must!

**Free Admission, parking fees apply. Address:** Fareham, PO17 6JD - 01420 520212

# Awesome ideas continued...

## Visit the library

Use your local library regularly. In most libraries you can get more than books; you can get movies and music. Make a day out of it. Do some reading while you're there instead of getting some books and heading home. Give your children a love of books – it is one of the best gifts you can give them.

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### *Sign Up for the Summer Reading Challenge 2021!*

*Get ready for Wild World Heroes, arriving online and in your local library this summer.*

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## Organise some play dates

Plan some play dates and invite friends over. While they spend time with their friends it may give you the opportunity to get some work done and perhaps even connect with other parents. Plus...the invite may be returned someday.

## Have a “chill day”

With all that activity planned, kids will also need some down time. Make sure you plan some days where you just chill, watch some movies, read some books, and take it easy.



# Awesome ideas continued...

## Get into jewellery making

Go to a bead shop and stock up on beads, wire and clasps, and get busy making your own jewellery. This activity can be done with the smallest of children, just be sure to get appropriate bead sizes for different age groups. The children will be so proud to wear the jewellery that they have made.

## Go swimming

If you are lucky enough to live close to the sea, go swimming when possible. The sea has a calming effect on children and the amount of energy used in the water means that they won't be quite as active when they get home. If you don't live close to the sea, go to a swimming pool instead. Splash parks are also available free of charge at both Lee on Solent Beach and Stokes Bay Beach.

## Take nature walks

Go on nature walks with a purpose. On the beach, collect shells and stones to later make a shell castle or shell and stone sculptures. In the forest, get kids to seek out different sorts of bugs, plants or trees. Alternatively, give them a map to plot the route you are taking. By giving them control and a plan, this will ensure they don't get bored too quickly.

# Fareham continued...

## Hill Head Beach



**Address:** Cliff Road, Fareham, PO14 3JS

A great shingle beach that's perfect for a paddle in the sea. Adventures can try out surfing, windsurfing, or jet skiing for an additional cost! If staying on dry land is more your thing, it's a great place to have a family picnic and watch the boats come and go.

**Free Admission**

## Rock Up



**Address:** Whiteley Shopping Centre, Whiteley Way, Whiteley, PO15 7PD

01489 232324

A thrilling indoor climbing adventure with 26 epic ascents and over 70 different challenges for all abilities. If you're looking for something extra to get the blood pumping, try out the Vertical Drop Slide... If you dare!

**Admission fees apply, book in advance**

# Fareham continued...

## Titchfield Haven National Nature Reserve

The reserve is a fantastic location for families. With an array of wildlife, easy access paths, hidden fairy doors, ponds & brass rubbing, children can enjoy exploring and discovering the amazing sights and sounds on offer. Backpacks are available to hire and include binoculars, magnified glass, brass rubbing kit & scavenger hut. A perfect additional activity to help little adventurers explore.

**Admission fees apply - British summer time: 9:30am - 5:00pm**

**Address:** Cliff Road, Hill Head, PO14 3JT

## Portchester Castle

Make the most of the wide-open grounds and castle courtyard, and enjoy a family picnic surrounded by history.

**Admission fees apply, booking in advance essential**

**Address:** Church Ln, Portchester, Fareham PO16 9QW



## Titchfield Abbey

Explore the ruins and share a picnic in the grounds. Open daily 10:00am - 5:00pm April to September.

**Free Admission, parking fees apply**

**Address:** Mill Lane, Titchfield, PO15 5RA

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# Awesome ideas continued...

## Get jamming

Grab some musical instruments – things like bongos, shakers or tambourines, and get jamming. Get your kids to sing and dance along. *(Alternatively, you can stick on some Deep Purple, let your hair down, and dance on the furniture).*

## Make a movie

Kids love to make movies using a tablet and some figurines. They can create the movie themselves using Windows MovieMaker, iMovie or Stop Motion and edit it afterwards.

## Paint

One of the nicest ways to express your creativity is to use paint. Get large sheets of paper and lots of paint. Go mad and use your hands and feet – it's liberating. To avoid any stress, prepare the area well and cover with plastic or newspaper. Have some water on hand to wash when you are finished.



# Fareham continued...

## Westbury Manor

Become an amateur archaeologist and handle real artefacts, use interactive tablets to find out more about the displays or have fun with the museum trail quiz and hands-on history playsets suitable for young visitors. Enjoy a drink or a bite to eat in the café or browse the wide selection of gifts available in the museum shop. Throughout the year, they run a programme of touring exhibitions, as well as fun events and activities for all the family to enjoy.

**Free Admission, booking in advance is essential**

**Address:** Westbury Manor Museum, West Street, Fareham PO16 0JJ



# Things to do in Gosport

## Royal Navy Submarine Museum



**Address:** Haslar Jetty Road, Gosport, Hampshire, PO12 2AS

023 9251 0354

Dive into history at the Royal Navy Submarine Museum. Go onboard the submarines and meet a real submariner to hear his stories about living beneath the waves.

**Admission fees apply, book online**

## Alver Valley Country Park



**Address:** Cherque Way, Lee-on-the-Solent, PO13 8BH

A great place to go for a walk, with plenty of routes and different landscapes. This nature reserve is full of wildlife living amidst its woodland and grassy meadows. The River Alver runs through its heart, creating lakes and ponds along its course. Adventure play area.

**Free Admission, parking fees apply**

# Awesome ideas continued...

## Build a garden patch



Dedicate a small patch in the garden to the kids. Plant flowers, herbs, lettuce – anything that grows quickly and gives them the satisfaction of having produced something. If your kids are small, just give them a spade, put on their old clothes, and let them loose.

## Go on picnics

You don't have to go far to have a picnic – my children regularly ask for a picnic out the garden. I give them whatever I have in the fridge. You'd be amazed how once it is packed in a plastic container and eaten on a blanket on the grass, how much the atmosphere romanticizes the most boring of sandwiches.

## Have a treasure hunt

Make a treasure map with clues to find some treasure you have hidden somewhere in the garden. It doesn't have to be expensive or big – any little treat will be exciting when it is found outdoors.

# Awesome ideas continued...

## Make your own games

Get a supply of coloured cards, children's scissors, glue and anything else you may want to make some fun games. Games like Hoopla, Pin the Tail on the Donkey or Snakes and Ladders can all be easily made at home and will keep the children occupied for some time.

## Cooking and baking

Once a week plan a cooking or baking day. Involve the kids in the process from the beginning – let them choose from a selection of recipes that you have ingredients for. If the child can read, get them to read from the recipe book. Step by step, help them to work through the instructions. Try to avoid the temptation of doing it yourself.

## Make an assault course

Assemble an assault course in the back garden. Old pieces of wood, boxes, buckets, garden chairs – anything that can be jumped over, under or around. Tell the children to time each other around the assault course. The course can be completed on a bicycle, scooter, skateboard, or simply by running.

## Crabbing

You will need: some string or handline, a bucket, a small fishing net, an old washing tablet bag and the bait - crabs are particular to fish and bacon. The Hardway, Walpole Park and Fareham Creek are great locations.

# Gosport continued...

## Monkey Bizness Gosport



Offers fun soft play for both toddlers and older children alike. Facilities include a toddler frame for under 4's and an over 5s adventure frame.

**Admission fees apply**

**Address:** Unit 1 Frater Gate Business Park, Aerodrome Road, Gosport, PO13 0GW

01329 239035

## Planet Ice



A spacious modern ice rink great for families, offering open skating, family and disco sessions, and school holiday events! A great activity for everyone to do together.

**Admission fees apply**

**Address:** Holbrook Rec Centre Fareham Road, Off Forest Way, Gosport, PO13 0ZX

02392 511217

# Gosport continued...

## TeamSport Indoor Karting



TeamSport Indoor Karting will have you and your kids racing to come back! The amazing 450m track is guaranteed to ignite the karter in you, and with adult and cadet karts for kids over 8, you'll keep the little ones entertained for hours.

**Address:** Fareham Reach, Fareham Road, Gosport, PO13 0FW

01252 732300

**Admission fees apply**

## Explosion! The Museum of Naval Firepower



Explosion! tells the story of naval warfare. The two-hour tour of the museum includes a stunning multi-media film show set in the original 18th century gunpowder vault with the latest technology and interactive touch screens that bring the presentations to life.

**Address:** Priddys Hard, Gosport, PO12 4LE

023 9283 9766

**Admission fees apply**

# Awesome Ideas for Keeping Kids Busy

By Ciara Conlon [www.lifehack.org](http://www.lifehack.org)

## Need some ideas for keeping the kids busy over the summer break?

Holidays can be a great time to bond with your children and maybe even let your own inner child come out to play. But it can also be a stressful time when kids can misbehave because of boredom. It's best to put a little bit of advanced planning into the summer holidays and prepare yourself with an arsenal of activities to keep the little ones out of mischief.

## Start by planning each week in advance!

If the kids know they have things to look forward to it will make for happier more relaxed children.

Also be sure to get the children involved in the planning. They will be less likely to complain about the activities chosen if they have taken part in the decision-making. Have a range of activities to select from: stuff to do at home, in the garden, outdoors, and the odd activity that cost money to do.

# Surrounding Areas

## Marwell Zoo



Home to hundreds of endangered and exotic species, from cheeky meerkats to adorable penguins, and rare sleek snow leopards and amur tigers, there's loads of amazing animal friends to meet.

**Admission fees apply**

**Address:** Thomsons Lane, Colden Common, Winchester, SO21 1JH

01962 777407

## Portsmouth Historic Dockyard



View some of the greatest ships from modern history, learn what life was like beneath the waves or become a ninja warrior. See Lord Nelson's flagship HMS Victory, or marvel at the only surviving boat from the First World War's Gallipoli Campaign.

**Admission fees apply**

**Address:** Victory Gate, H M Naval Base, Portsmouth, PO1 3LJ

023 9283 9766

# Gosport continued...

## Little Woodham Living History Village



Little Woodham Living History Village will allow the kids to learn about the past by interacting with 'villagers' dressed in period costume at this amazing living history museum. Watch the blacksmith beat hot iron into shape, speak with the villagers as they card and spin wool or make lace and prepare timber with the sawyers.

**Admission fees apply**

**Address:** Grange Farm, Howe Road, Gosport, PO13 8AB

023 8064 4691

## Get Crafty



The great British weather will always rain when you don't want it to, so why not tap into your awesome creative talents and share in the experience of the world of Ceramic Arts and Crafts. You could paint your own pet or design a unique item such as a coffee mug or plate.

**Pay for what you create**

**Address:** 23a Rowner Road, Gosport, PO13 9UE

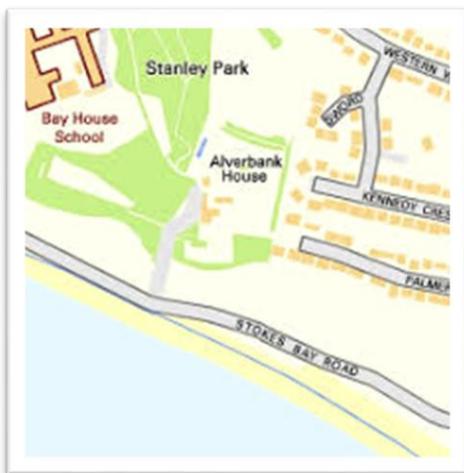
023 9250 3675

# Gosport continued...

## Stanley Park

Located near to the Seafront, Stanley Park is extremely popular in the summer months where families come to picnic and spend time enjoying the sunshine playing in the woods.

**Address:** 62 Gomer Lane, Gosport PO12 2QN



# Surrounding Areas

## Bursledon Brickworks Industrial Museum



Bursledon Brickworks were built in 1897 and by the 1930s were producing up to 20 million bricks a year. All the old machinery still exists and is working including the steam engine. Once a month there are big Steam-Up Event Days. The events show how bricks were made and you can have a go at making a brick yourself. There are lots of hands-on activities for children.

**Address:** Swanwick Lane,  
Southampton, Swanwick, SO31 7HB  
01489 576248

**Admission fees apply**

## Blue Reef Aquarium Portsmouth



Go on a journey through local waters, home to native sharks, ray fish and dog fish to the more playful otters, or the incredible black tip reef shark, as you wander through over 40 different displays.

**Address:** Clarence Esplanade,  
Southsea, Portsmouth, PO5 3PB

**Admission fees apply**

023 9287 5222

# Surrounding Areas

## Southampton Treasure Hunt Trail

The trail is approximately 1.8 miles long and should take around 2 hours to complete. The trail will direct you through some beautiful parts of the city decorated with fountains, rose gardens and sculptures. perfect spot to stop and tuck into a picnic!

**Admission fees apply - pay per trail not per person**

**Address:** The Southampton Treasure Hunt Trail, Bargate Street, Southampton, SO14 2DJ - 01872 263692



## Playzone

Indoor play facility that's suitable and welcoming for all ages!

**Admission fees apply**

**Address:** Unit 4A Oak Park Industrial Estate, North Harbour Road, Cosham, Portsmouth, PO6 3TJ - 023 9237 9999

# Surrounding Areas

## Action Stations



Take on the Climbing Tower, or if you're feeling brave the Rotating Climbing walls. Test your ninja skills on the Ninja Force Obstacle Course or see if you have what it takes to be a pilot on the flight and shooting simulators.

**Address:** Portsmouth Historic Dockyard, 19 College Road, HM Naval Base, Portsmouth, PO1 3LJ

**Admission fees apply**

02392 839766



# Surrounding Areas

## The Basing House Rope Maze



New for 2021 - The perfect outdoor activity for all the family to enjoy, come along and try your luck at finding the exit in this new rope maze, situated on New House Grounds just beyond the ruins.

**Admission fees apply**

**Address:** Basing House, Barton's Lane, Basingstoke RG24 8AE

01256 463965

## Milestones Museum



Immerse yourself in the past at Milestones, Hampshire's museum of living history. Explore the museum's streets, shops and buildings to discover how people used to live, buy a ration of sweets from our 1940s sweet shop, view our unique collection of vintage vehicles and have a go in our penny arcade!

**Admission fees apply, book online to avoid disappointment**

**Address:** Milestones Museum, Leisure Park, Churchill Way West, Basingstoke RG22 6PG

01256 639550

# Surrounding Areas

## Creative Camp



Summer Creative Camps for ages 5 - 9! The kids have all the fun and we get all the mess as they enjoy a full day of activities every Thursday in August, including art and dance sessions, as well as film screenings. You can book activities separately, or the kids can join us all day for £15!

**Admission fees apply**

**Address:** Old Milton Road, New Milton BH25 6DS

01425 619983

## Bursledon Windmill



Discover Bursledon Windmill, Hampshire's only working windmill, and a fascinating glimpse into the county's milling history. Built in 1814, after a period of dereliction it was restored and reopened in the 1990s as a working windmill and heritage attraction.

**Admission fees apply, book online to reserve an admission time**

**Address:** Bursledon Windmill, Windmill Lane, Southampton SO31 8BG

023 8040 4999