

I can focus on an activity to develop a skill and learn through play...

I can support my child by:

- Encouraging my child to try new things
- Encouraging my child to keep going even when things are tricky
- Giving my child opportunities to try new activities
- Encouraging them to try things for themselves
- Setting simple challenges

This helps my child by:

- Letting them show their likes and dislikes
- Being independent and exploring confidently
- Learning at their own pace and to be confident in their ability
- Making choices confidently
- Following instructions from adults

My family can help by:

- Teaching me how to safely take risks
- Matching my enthusiasm ('wow')
- Giving me opportunities to socialise and play outdoors



I am excited, enthusiastic, curious, confident and resilient...

I can support my child by:

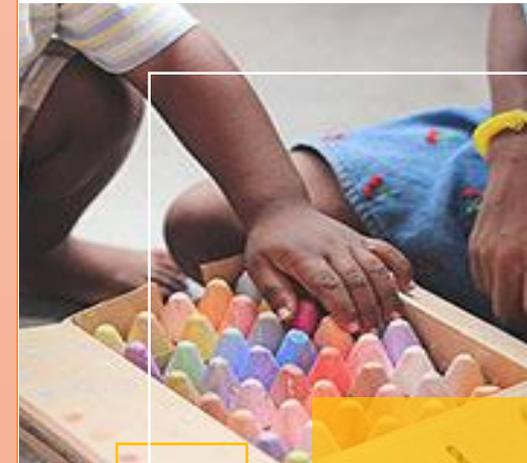
- Sharing, exploring (mud kitchen, outdoors, small world)
- Science experiments
- Using positive language to encourage 'I love the way you did that independently'
- Model being curious 'oh my goodness that's so exciting'
- Showing them they cannot always win or be first
- Ensuring my child is able to play with a wide range of other children

This helps my child by:

- Trying new experiences
- Using their imagination
- Allowing them to get messy and make a mess
- Trying things for themselves
- Helping them to cope when things don't go their way

My family can help by:

- Sharing the same positive words around me and to me
- By saying 2 good things about me
- Regularly finding time to play
- Celebrating our achievements together



Strategies to Support Early Years Transition

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I can make simple choices and be independent...

I can support my child by:

- Encouraging them to choose snacks, books at bedtime and clothes to wear
- Letting them problem solve independently
- Encouraging them to use their words to express their needs
- Encouraging them to take responsibility for their belongings and tidy up

This helps my child by:

- Having independence at school when choosing lunch choices and activities
- Sharing with other children
- Asking adults for help
- Meeting their needs as they can say when they are hungry, tired, thirsty etc
- Supporting them with tidying at the end of a task

My family can help by:

- Having a regular routine with visual timetable and clock faces
- Building into my day relax, rest and play (reducing screen time)
- Teaching me e.g. how to get dressed, use cutlery, go to the toilet and brush my teeth
- Giving me time to make the right choices

Explore the needs of others...

I can support my child by:

- Noticing other people's reactions
- Expressing my point of view
- Understanding others needs may be different from my own
- Showing them they cannot always be first and not always win

This helps my child by:

- Joining in with team play
- Sharing and being co-operative
- Enjoying free play/ playtime
- Making choices independently

My family can help by:

- Encouraging me to listen
- Teaching me to take care of others and be compassionate and caring
- Accepting differences of others, race, religion, physical/ mental abilities
- Stop – think - choose

