



# Year 4

## POSSIBLE YEAR 4 PSHE LESSON OVERVIEW

<b>Autumn 1</b>	Core Theme 2 Unit 3 LESSON 1: Reactions - Frustration Core Theme 2 Unit 3 LESSON 2: Self-Worth – I’m aMarvel! Core Theme 2 Unit 3 LESSON 3: Persistence and Resilience – Don’t Give Up Core Theme 2 Unit 3 LESSON 4: Negative Persistence – Over and Over
<b>Autumn 2</b>	Core Theme 1 Unit 5 LESSON 3: Loss / Separation – LeftBehind Core Theme 1 Unit 5 LESSON 4: Family Changes – TwoHomes Core Theme 2 Unit 5 LESSON 1: Friendship – Best Features Core Theme 2 Unit 5 LESSON 2: Friendship – Circles Time Core Theme 2 Unit 5 LESSON 3: Friendship – TheBAFAs
<b>Spring 1</b>	Core Theme 2 Unit 1 LESSON 1: Clear Messages – Dot Dot Dash Core Theme 2 Unit 1 LESSON 2: How to Listen – Listen Up! Core Theme 2 Unit 1 LESSON 3: Responding to Others – AgonyAunts Core Theme 2 Unit 1 LESSON 4: Expressing Opinions – It’s Debatable
<b>Spring 2</b>	Core Theme 2 Unit 2 LESSON 3: Shared Goals – BetterPlaces Core Theme 3 Unit 2 LESSON 1: Different Communities – My Community Core Theme 3 Unit 2 LESSON 2: School Communities – SchoolSwap
<b>Summer 1</b>	Core Theme 1 Unit 4 LESSON 1: Identified Strengths – I’m Good at That Core Theme 1 Unit 4 LESSON 2: Identified Strengths – FutureMe Core Theme 1 Unit 4 LESSON 3: Setting Goals – That’s MyGoal! Core Theme 1 Unit 4 LESSON 4: Setting Goals – The ImpossibleDream
<b>Summer 2</b>	Core Theme 2 Unit 2 LESSON 1: Working Together – NameGame Core Theme 2 Unit 2 LESSON 2: Working Together – Build ItUp Core Theme 3 Unit 3 LESSON 1: Gender Stereotypes – His andHers

