

ELSON JUNIOR SCHOOL  
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Headteacher : Mrs Penny Shaw BA (Hons)  
Assistant Headteachers: Mrs Alison Ryan BA (Hons) & Mrs Sarah Taylor BA (Hons)

28<sup>th</sup> June 2019

Dear Parents and Carers,

As you will already be aware, we have a 'nut-free school' policy. This policy ensures that no nuts or nut-containing products are brought onto the school premises.

People who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction. If someone has a nut allergy it is not just eating nuts that can cause a severe reaction; just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties). First aid staff in the school are trained to use the Epi-pens (an injection of adrenalin) which is required immediately if this happens.

We have children joining the school shortly with very severe nut allergies, who will be attending transition sessions over the coming weeks. Therefore, it is imperative that from Monday onwards, **we do not have nuts in school in any form.**

Please can we ask that you have no nut products in your child's lunchboxes, or brought into the school as treats. Some common examples include;

- Peanut butter sandwiches*
- Chocolate spreads (including Nutella)*
- Cereal bars and some granola bars*
- Biscuits, cookies or cakes that contain nuts*
- Some Asian food, including satay*
- Sauces that contain nuts*

This list is not exhaustive, so please check the packaging of products closely.

We appreciate that this is an additional check for you to take, and really appreciate your help in ensuring that all of our children are safe at school.

If you have any questions, please do not hesitate to speak to a member of staff.

Yours sincerely,

Mrs P Shaw  
Headteacher

